2017 was another amazing year of living our mission. The dedication and passion that our members, volunteers, donors, and staff bring to the Aliveness community ensure our members lead healthy, self-directed lives.

Your support of The Aliveness Project helps us develop quality programs that are welcoming and equitable; identify sustainable partnerships to meet our members’ holistic needs; and focus on sustainable growth.

You are essential to The Aliveness Project community. Our updated logo stands as a symbol of collaboration, community, strength, support, and demonstrates people living with HIV remain solidly at the center of our mission. The gray ribbons represent the greater community who are working with our members to reduce stigma and end the HIV epidemic.

Thank you for your continued investment in The Aliveness Project. You keep the heart of the HIV community beating strong, and together, we will end HIV in Minnesota.

Amy Moser
Executive Director

**Mission Statement**
The Aliveness Project links people living with HIV to resources for leading healthy, self-directed lives.

**Vision Statement**
Across Minnesota, there is a decreased stigma of HIV/AIDS, increased access to services, and better health outcomes for people living with HIV. The Aliveness Project’s members feel supported as part of a safe community center that maximizes their health and wellbeing. Staff reflect the epidemic, deliver programs that evolve from member needs and a changing environment, and dedicate themselves to the overall health of the Aliveness community.

**Board of Directors**
- Austin Bly
- Carey Boyum
- Max Fallek
- Dennis Glock
- William Grier
- David Hance
- Vice President
- Peggy Hoett
- Joseph Linton
- Thomas Matos
- Scott Schlaflman
- Tom Straley
- Membership Advisory Committee President
- Steve Thompson
- Kathy Vorderer
- Secretary
- Jee Watters
- President
- David Welter
- Treasurer

**Aliveness is such a valuable asset to an otherwise grim situation which I have to embrace. I’m grateful for the food, the smiles, and the hard work and dedication.**

- Aliveness Member

**The Heart of the HIV Community**
The Aliveness Project
3808 Nicollet Ave., Minneapolis, MN 55409
(612) 824-LIFE (5433) | www.aliveness.org
Health & Wellness

A Healthy Foods Policy means the Food Shelf and Mae Program are procuring and sourcing ingredients with maximum nutrition benefits for our members. Members ate 28,043 scratch-cooked meals and took home 82 tons of groceries from the Food Shelf. The registered dietitian worked with 244 members to help them work toward nutrition-related goals. Integrative Therapies moved to an at-home volunteer model with a focus on massage, chiropractic care, and acupuncture. Members participated in 1,921 healing sessions.

"Just talking to you (dietitian) it’s encouraged me to work on my eating... You have to make the choice, one way or another, especially as you get older, to take care of yourself."
— Aliveness Member

Care & Prevention

The CDC and MN Department of Health both endorsed UU (Undetectable = Untransmittable), an opportunity to end the HIV epidemic. Outreach & Care linkage continues to grow and focus on at-risk populations including African Born and Latino communities. 367 HIV tests were administered to help people know their HIV status and 17 people out of care were linked to medical care. A partnership with Valhalla Place is getting Native men an opioid overdose reversal kit into the community and 5 lives have been saved as a result of distributing these kits. Aliveness became the primary site for HIV Coordinating Entry for Hennepin County — helping the case management team: house over a dozen members. Case Management linked 229 members to resources.

"When taken as prescribed, HIV medications can decrease the amount of HIV present in blood to too low to measure. This is called being undetectable. A person living with HIV who gets and stays undetectable has effectively no risk of transmitting HIV to their sex partners. This concept is known as Undetectable = Untransmittable (UU)."
— MN Department of Health

Social Support & Community

The Aliveness Project provided 1,916 members (including 216 new members) with a space to build community and form meaningful connections. Member Services was expanded to include regular activities in the space for members including trivia, bingo, community conversations, and a day-long holiday celebration in December. Aliveness also had a year-long residency with Patrick’s Cabaret, which offered monthly writing workshops to members and culminated in a live performance where members shared their stories. Member Services held a total of 149 events for members.

"The Aliveness Membership continues to reflect the changing demographics of HIV — 24% of members are women, 48.9% are people of color, 12% are foreign-born, and 31.3% are over the age of 55."

Volunteers & Donors

Volunteers give their time and talent to support the Aliveness community. 930 volunteers donated 9,450 hours of service in the space and through special events like Dining Out For Life, 12 businesses and organizations hosted drives, which helped provide winter wear to 874 individuals through the Holiday Gift Program. 166 restaurants, 143 volunteer ambassadors, and 40,000 diners helped raise over $240,000 and lots of HIV awareness during Dining Out For Life. 38 donors contributed over $19,000 to Raise the Match in October, which helped us and our year strong with a 24% increase in individual giving.

"Volunteering has given me a community, and I was welcomed from the very beginning."
— Peggy, kitchen volunteer and Board Member

Financials

OPERATING STATEMENT

INCOME

2017 2016
Contributions & Grants 553,202 482,412
Government Grants 836,125 751,849
Program Fees 135,513 126,671
Special Events 159,305 182,117
Charitable Gaining 142,509 58,343
Miscellaneous 5,580 4,349
Total Support & Revenue 1,832,134 1,807,741

EXPENSES

Food Services 599,567 906,849
Member Services 477,434 426,920
Outreach & Education 225,678 265,070
Management & General 300,432 263,076
Funding 159,009 154,981
Total Expenses 1,762,170 1,719,476
CHANGE IN NET ASSETS 69,964 (111,735)

BALANCE SHEET

ASSETS

2017 2016
Cash 273,418 263,965
Grants & Contracts Receivable 110,780 126,603
Other Assets 88,073 68,661
Property & Equipment 2,242,347 2,308,241
Total Assets 2,714,618 2,747,960

LIABILITIES

Accounts Payable 48,873 68,777
Accrued Salaries & Vacations 54,190 61,895
Security Deposits 350 350
Notes Payable 761,833 837,270
Total Liabilities 865,216 987,922
Total Net Assets 1,849,402 1,759,038
TOTAL LIABILITIES & NET ASSETS 2,714,618 2,747,960