Dear Friends of Aliveness,

As we look back on 2019, we celebrate the transformation and growth our members and staff have achieved. Together we served 1,692 people living with HIV, leading them to a healthier life.

Built on the foundation of the past 34 years, the Aliveness Project prepared for transformational growth and change in 2019. We welcomed this change while focused on our mission to link people living with HIV to resources to lead fulfilling & healthy lives.

Our commitment to the HIV/AIDS community was solidified in May when we welcomed Matt Toburen as our new Executive Director. On the path forward of continued growth we added eight energized board members and thirteen talented new staff members.

The mission of Aliveness is supported by you, our donors and volunteers. Together we provided nutritious meals for the hungry, improved health equity, prevented new cases of HIV, and served as a community resource center. Thank you for your partnership in our work to end HIV in Minnesota.

Matt Toburen | Executive Director
Carey Boyum | Board President

2019 Snapshot

24,655 Nutritious meals served to 1,240 members

172,620 Pounds of groceries and household items distributed to 733 members

795 Members received nutritional therapy & case management sessions

489 HIV tests conducted in the high-risk communities
2019 Aliveness Overview

In 2019, the Aliveness Project served 1,692 people living with HIV, including 182 new members.

- **Gender**
  - Cis-Men 74.3%
  - Cis-Women 23.3%
  - Transgender 2.4%

- **Race/Ethnicity**
  - White 49.5%
  - Black 28.8%
  - Hispanic 8%
  - Asian 1.5%
  - Native 4.5%
  - African-born 5.5%

- **HIV Exposure**
  - MSM 50.4%
  - Heterosexual Contact 27.4%
  - IV Drug Use 8.4%
  - Other 13.8%

- **2019 Aliveness Overview**
  - 33.9% of Aliveness members served in 2019 are living below the Federal Poverty Level.
  - 29.1% of Aliveness members served in 2019 reported being in temporary or unstable housing.
  - 70% of Aliveness members served in 2019 were aged 55+, reflecting a rising number of seniors living with HIV.

*MMS is a term used to describe "men who have sex with men"*
## Revenue
- Contributions & Grants: $460,027
- Government Grants: $1,255,242
- Program Fees: $118,483
- Special Events: $140,656
- Charitable Gaming: $159,522
- Misc: $5,576

Total Support & Revenue: $2,139,506

## Expenses
- Food Services: $744,859
- Member Services: $690,249
- Outreach & Education: $325,325
- Management & General: $220,698
- Fundraising: $144,180

Total Expenses: $2,125,311

Change in Net Assets: $14,195

## Assets
- Cash: $502,344
- Grants & Contracts Receivable: $147,373
- Other Assets: $4,904
- Property & Equipment: $2,072,350

Total Assets: $2,726,971

## Liabilities
- Accounts Payable: $98,090
- Accrued Salaries & Vacations: $86,926
- Security Deposits: $350
- Notes Payable: $588,482

Total Liabilities: $827,441
Total Net Assets: $1,899,530

Total Liabilities & Net Assets: $2,726,971